

TRUST & SPECIAL FUNDS

PATIENT CARE FUNDS

Alice and Sidney Schwartz Patient Fund
Berthold and Belle Guggenime Fund
Blanche B. Goldman Newborn Prenatal Care Fund
Cardiovascular Patient and Family Care Fund
Children's Caring Fund
Claire Zellerbach Saroni Memorial Tumor Institute Fund
Clinic Fund
Dorothy and Edwyn Garfield Fund
Dr. Jacob Abouav Cardiac Fund
Edgar M. Kahn Memorial Fund
Gustav and Rose Schmelzer Outpatient Clinic Fund
Harriet Ornstein Memorial Fund
Harry and Betty Curzon Endowment Fund
Irene B. Dernham Fund
Irma H. Reyman Memorial Fund
Julian Meyer Cardiovascular Fund
Rhoda Goldman Cancer Care Fund
Zena Gross Greenstrand Memorial Fund

EDUCATION FUNDS

Alice and Samuel Lilienthal Memorial Fund
Blumberg Loan Fund
Dr. Julius Rosenstirn Scholarship Fund
Jacob Smith Surgical Lab Fund
Louis and Amelia Bloch Memorial Fund
Mabel E. Brush Endowment Fund
Milton Meyer Teaching Fund
Patricia Brown Memorial Fund
Rhoda and Richard Goldman Fund
Schwartz Education and Travel Fund

RESEARCH FUNDS

Frederick J. Hellman Fund

General Research Fund
Gilda H. and Irving L. Mayer Fund
Gladys Bass Fund for Biomedical Research
Harold Brunn Institute Endowment Fund
Herbert L. Cook Memorial Fund
Lorraine M. Newman Research Fund
Lucie Stern Trust Fund
Pearl B. Jacobs Trust Fund
Rhoda Goldman Cancer Research Fund

ADVISED FUNDS

Art For Recovery Fund
Cutaneous Oncology Fund
Cherin Diabetes Education Fund
Dan Geller Memorial Research Fund
Department of Medicine Fund
Diabetes Research Fund
Dr. Alan B. Glassberg Cancer Fund
Dr. Alan Rosenberg Fund
Dr. Allan Teranishi Fellowship Fund
Dr. Ernest Rosenbaum Cancer Research Fund
Dr. Harris M. Fishbon Fund
Dr. Herman H. Uhley Research Fund
Dr. Jay Gershow Cancer Research Fund
Dr. Lawrence Margolis Radiation Oncology Fund
Dr. Leonard D. Rosenman Fund
Dr. Milton Pearl Fund
Dr. Rubin L. Gold Memorial Fund
Dr. Weinstein Education and Long-Term Care Fund
Gerson R. Biskind Pathology Research Lab Fund
Gospe, Herzog, Weil, and Domush Fund
Harold Dobbs Cancer Research Fund
James K. Edmund Memorial Fund
Janet S. Landfear Memorial Fund
Julian Davis Lectureship Fund
Julius R. Krevans Fund
Kerner Cancer Research and Education Fund
Kidney Dialysis Fund

Marlene Spitz Cancer Fund
May and Ben Shane Fund
Medical Staff Library Fund
Melanoma Center Fund
Munsella and Goody Gensler Memorial Fund
Richard F. and Maria B. Ury Endowment Fund
Ruth and Ben Colloff Tumor Research Fund
Stephen and Lillian Stuart Fund

BOARD DISCRETIONARY

Mae Swig Memorial Fund
Mark Berke Memorial Fund
Martin Diamond Fund
MZHF Unrestricted Fund

MOUNT ZION HEALTH FUND BOARD OF DIRECTORS 2004-05

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Please visit our website: www.mzhf.org and learn more about MZHF's funding priorities, guidelines and application procedures, listings of grants recently approved, and other helpful information.



A grant from MZHF made possible both fountains, located in the sanctuary courtyard garden designed by Topher Delaney, within San Francisco General Hospital's new Avon Foundation Comprehensive Breast Center.





MOUNT ZION HEALTH FUND

Resources for a Healthy Community

COMMUNITY UPDATE : FALL 2004

START-UP GRANT LEADS TO THRIVING IBD CENTER FOR NORTHERN CALIFORNIA

Less than three years ago, Mount Zion Health Fund approved a grant to help establish the UCSF Center for Colitis and Crohn's Disease at the Mount Zion Campus. Today, more than 800 adult patients receive ongoing care there, with an average of 10 new patients seeking care each week – some from as far away as Reno. The Center emphasizes a multidisciplinary approach, utilizing a team comprised of adult and pediatric gastroenterologists, surgeons, radiologists, pathologists, nutritionists, psychologists, ostomy nurses, and social workers. According to its founder, Jonathan Terdiman, MD, the Center is now the acknowledged leader in the clinical care of inflammatory bowel disease (IBD) patients in Northern California.

Additionally, a major focus of the Center has been clinical and translational research. Under the direction of a full-time clinical research study coordinator, a large number of investigator-initiated and industry-supported research studies are now underway. To complement these efforts, an IBD patient registry has been established, with over 800 active patients enrolled. The registry tracks patient treatments and outcomes, and will serve as a research instrument itself.

Dr. Terdiman recently told MZHF, "The Center is thriving, *continued on page 2*

SUPPORT TO JEWISH HOME CONTINUES CARING TRADITION OF MOUNT ZION HOSPITAL

Building on the Jewish Home's history of support for underserved populations, especially Russian Jewish émigrés, MZHF has made a significant program grant to the Home – one of our community's most vital institutions. The grant will be used in part for continuing training and education for staff nurses and for translation services to address the unique needs of older adults, families and caregivers within the Russian émigré community, both during an individual's initial transition into the Jewish Home and throughout their residency.

Within its 130-year history, the Jewish Home has maintained its relevancy to our community by responding to the changing and increasingly complex health care needs of older adults. To continue meeting these needs, the Home is currently raising funds to undertake construction of a new facility and upgrade and renovate existing facilities. These changes, part

of the Home's "Fulfilling our Promise" campaign, will provide its residents with state-of-the-art medical clinics, improved meal services, and a new wellness space complete with complementary therapies, such as acupuncture and massage, and exercise equipment designed specifically for older adults. MZHF is also pleased to provide leadership support for this campaign effort.

According to longtime MZHF Board member David Melnick, "If we go to the roots of both our organizations, we find a parallel focus on meeting the health care needs of those most vulnerable in the Jewish community. MZHF's stewardship of philanthropic funds is well met by partnering with the Jewish Home to provide specialized, 24-hour health care for

these frail Jewish elders, the majority of whom are indigent."

For further information, contact Amy Rosenblatt Lui at 415 • 406 • 1107 or e-mail to arlui@jhsf.org. □



Jewish Home resident Ben Lubitz shares his musical talent with a young visitor



The Jewish Home's Russian-speaking exercise class in full stretch

MOUNT ZION HEALTH FUND

Resources for a Healthy Community

Grants to Mount Zion Campus Benefit a Range of Projects

The MZHF Board of Directors approved grants totaling \$480,000 to benefit a variety of new and continuing patient care and health education programs at UCSF at Mount Zion this past year. Under the guidance of Associate Dean Jeffrey Pearl, MD, the Mount Zion campus conducts peer reviews of grant requests twice a year. For the most recent cycle, professionals representing a variety of disciplines at the campus evaluated 35 proposals and recommended 13 to MZHF for funding.

Highlights from grants made for direct patient care include: creating **innovative educational materials** (laptop-based interactive video) for use by women of reproductive age; developing a **group exercise program for older women at risk for falls and fractures**; designing, implementing and evaluating a unique **program in symptom management and palliative care for cancer patients**; and conducting an **integrative medicine demonstration project**, utilizing physician consultation, acupuncture, massage therapy and guided imagery to reduce side-effects and improve post-operative recovery for cancer surgery patients.

Grants were also made to support several information technology projects

designed to strengthen infrastructure in order to better serve patients. Highlights in this area include: **creating a more integrated, flexible and effective database** for use by the Women's Health Resource Center and the Cancer Resource Center; and **upgrading specialized software** within Radiation Oncology to allow for customized reports and improved interface with other hospital and lab systems leading to better tracking of patients' protocols and outcomes.



Participants in Art for Recovery painted this mural on MZ Hospital's 5th floor (based on the Matisse Jazz Series).

In the area of training and research, grants include: supporting a **post-doctoral fellowship in integrative medicine** to encourage research on the safety and effectiveness of complementary and alternative medicine and thereby add to the collective, growing body of

knowledge about integrative medicine; and increasing awareness of and participation in clinical and behavioral research among patients from UCSF, particularly minorities.

Additionally, recent grants have been directed toward enhancing the physical environment at Mount Zion Campus. Among these are several **murals created and completed by patient-artists** working within the Art for Recovery program. These contemplative works of art have already had a positive impact on patient and staff morale alike. A new mural is planned for the recently remodeled Endoscopy unit, following the success of those already completed for the ultrasound rooms in the Women's Health Building and the hospital's fifth floor.

Dr. Pearl noted, "While all of these grant-supported projects play a significant role in improving the patient care we are able to provide at the Mount Zion Campus, the majority of them would not happen at all without the philanthropic support of Mount Zion Health Fund. The Campus community is grateful for the MZHF Board's consideration and partnership in bringing these innovative projects to fruition." □

IBD CENTER continued from front page

and its inception was only possible because of the generous support from MZHF. I cannot overstate how critical and irreplaceable the funds from MZHF have been. We literally would never have been able to start."

For further information regarding the Center, please contact Yelena Idomsky at 415.353.7871. □

MOUNT ZION HEALTH FUND

Resources for a Healthy Community

Planning Underway for the first Jewish Genetic Disease Center in Northern California



MZHF is pleased to be assisting with the development of the first Jewish Genetic Disease Center in Northern California. The Center, which will begin operations early next year, is a collaboration between the Medical Genetics Groups of UCSF and Stanford, both of which are contributing specialized resources to the effort. The primary goals include outreach and education of the more than

300,000 Ashkenazi Jews in Northern California about genetic disorders which disproportionately affect that population. Ultimately, the Center will expand research of the disorders, as well as serve the entire western region as a resource for carrier screening, genetic testing, test interpretation and genetic counseling, provision of diagnostic services and medical care for affected individuals, and support of the families through any and all components of these processes.

The Center will build on the work of the 13-year-old UCSF-Stanford Lysosomal Disease Center <http://www.medschool.ucsf.edu/lysosomal>, a program which unites the expertise of a range of medical professionals and specialists to address more than 40 inherited diseases, of which Gaucher disease is the most common and Tay-Sachs the most well known.

Other organizations involved in the development of the Center include FD Hope Foundation and Sophia's Garden Foundation.

According to Seymour Packman, M.D., Director of the Center, "We look forward to serving individuals and families in ways that have not been available on the west coast. Our ability to provide a comprehensive program of genetic services, genetic counseling and medical care, including research, will be of significant benefit to a community that has lacked access to the best medicine has to offer for these genetic disorders."

For more information about the new Center's services, please call Cecilia Fairley, the Center's Genetic Counselor and Clinical Coordinator, at 415 · 476 · 5048 or contact her by e-mail at fairleyc@peds.ucsf.edu. □

2003-2004 SUMMARY FINANCIAL DATA

Support & Revenue

Contributions	\$ 806,000
Interest & Dividend Income	1,455,000
Other Income	135,000
	<u>\$2,396,000</u>

Expenditures

Grants by Fund Category	
Patient Care	\$ 447,000
Education	166,000
Research	401,000
Advised	1,516,000
Unrestricted	398,000
Custodial & Investment Related	287,000
Grants Management	224,000
	<u>\$ 3,439,000</u>

Assets

Cash	\$ 98,000
Investments, at fair value	48,943,000
Total Assets	<u>\$ 49,041,000</u>

Liabilities & Net Assets

Short-term Liabilities	\$ 338,000
Restricted Net Assets:	
Patient Care	10,789,000
Education	2,115,000
Research	10,612,000
Advised	<u>11,507,000</u>
Total Restricted Net Assets	35,023,000
Unrestricted Net Assets	<u>13,680,000</u>
Total Liabilities & Net Assets	<u>\$ 49,041,000</u>

A Tradition of Giving

The following list includes memorial and tribute contributions of \$25 or more received by Mount Zion Health Fund from July 1, 2003 through June 30, 2004. We thank all our friends and supporters for their loyal generosity.

Art for Recovery

California Healthcare Foundation
Mr. Sam Camcam
Mr. and Mrs. Ken Druskin
Ms. Kimberly Fitzmorgan
Mr. and Mrs. Charles Goodman
Ms. Christy R. Kearney
Mrs. Diane Klein
The Lloyd Symington Foundation, Inc.
Ms. Ellen S. Rothman
Sanofi-Synthelabo Inc.
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Ms. Rosemarie Zampino

Colloff Research Fund

Dr. Ben Colloff

Herbert L. Cook Fund

E. Marion Pattee Cook Estate

Diabetes Research Fund

Ms. Jeanne Dean

Harold Dobbs Cancer Research Fund

Mr. and Mrs. Joseph Lauretta

Dr. Harris Fishbon Fund

Dr. Eugene T. Morita

Dan Geller Memorial Research Fund

Mr. Gerald I. Ganz
Mr. Richard Lesser
Mrs. Mary Brady Schultz

Dr. Alan Glassberg Research Fund

Ms. Frances Hildebrand

Kerner Cancer Research and Education Fund

Mr. and Mrs. William M. Brinton
Mr. and Mrs. Frank Herringer

Kidney Dialysis Fund

Ms. Margaret F. Carter

Mount Zion Health Fund Unrestricted Fund

Estate of Joan Kaufman
Mrs. Alice Kay
Mr. and Mrs. Walter Miller, Jr.
Rolph-Nicol Fund
Mr. and Mrs. Robert Thurlow

Mount Zion Medical Staff Library Fund

Dr. Eugene T. Morita
Dr. and Mrs. Daniel H. Neustein
Dr. and Mrs. Leonard D. Rosenman
Mrs. Maria Ury

Dr. Milton Pearl Fund

California Healthcare Foundation

Mr. and Mrs. Michael Meyer
Mrs. Helen L. Pearl

Dr. Ernest Rosenbaum Cancer Research Fund

Ms. Rose Anker
Mr. Stephen Barker
Mr. and Mrs. Kenneth Baron
Mr. Robert S. Basso
Mr. Arthur Baum, Jr.
Mr. and Mrs. Russell Benioff
Mr. Arthur S. Berliner
Ms. Leslie Berman
Dr. and Mrs. Joseph I. Bernstein
Dr. and Mrs. Philip Bernstein
Ms. Diana Blank
Dr. John S. Blankfort
Blum Family Foundation
Mrs. Jean M. Bordon
Mr. and Mrs. Aaron Braun
Mr. Elliot B. Broidy
Dr. and Mrs. Sandor Burstein
Mr. and Mrs. Jerry Cance
Dr. Arthur Z. Cerf
Ms. Kathleen Cleary
Mr. and Mrs. Hank Cohen
Mr. and Mrs. Richard Colsky
Mr. and Mrs. Arnie Cornez
Ms. Joan Coyne
Ms. Jeri Dansky
Mr. and Mrs. Keith Davis
DDS Technologies USA, Inc.
Mr. John C. Dean
Mr. and Mrs. Bruce Denebeim
Ms. Joyce Dinslage
Ms. Janice Farrar
Mr. and Mrs. Don Fernquest
Mr. and Mrs. Stanley M. Friedman
Mr. and Mrs. Peter Gandell
Mr. and Mrs. Harold Gevertz
Mr. and Mrs. Roger M. Goldberg
Mr. and Mrs. Alan Gordon
Mr. and Mrs. Stanley Green
Ms. Patricia Harkess
Dr. Claire Harrison
Ms. Linda Hugle
Mr. Richard Ford Jones
Mrs. Jerrilyn Kaplan
Mr. Joseph Karp
Mr. and Mrs. David Kaufman
Dr. and Mrs. Richard Kavich
Judge and Mrs. Laurence D. Kay
Ms. Kathy K. King
Mr. John Lai
Dr. and Mrs. Charles M. Levin
Mr. William Levin
Mr. and Mrs. Marvin Lewis
Ms. Joanne C. Liss
Mr. Robert S. Liss
Mr. and Mrs. Larry Lopez
Mr. and Mrs. Robert A. Lurie
Lyondell Chemical Company
Mrs. Evelyn Madfes
Mr. Elliot W. Maluth
Miramar Asset Management LLC
Mr. and Mrs. David Mishel
Dr. Eugene T. Morita
Mr. and Mrs. Walter S. Newman
Mr. and Mrs. David Pansini
Ms. Joanne L. Perac
Ms. Stacey Peterson
Mr. and Mrs. Edward Powell
Mr. Henry L. Richman
Mr. and Mrs. Eli Rosen
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Mrs. Hannah G. Samuels
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Mr. Richard H. Selig, Jr.
SEMI
Shapiro Capital Management
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Mr. Norman A. Spencer
Mrs. Charles Spivock
Susan G. Komen Breast Cancer Foundation
Mr. and Mrs. Robert Thurlow
Verdi Club
Mr. and Mrs. Elliott Warshauer
Mr. Seymour Whitelaw
Mr. David M. Whitman
William and Margery Zellerbach Foundation
Mr. and Mrs. E. Robert Wilson
Dr. George Winston
Mr. Joe Zablocki
Barbara M. Zerhusen Trust

SF Immunization Coalition Fund

McKesson Foundation Inc.

Dr. Allan Teranishi Fund

Dr. and Mrs. Edward Aoyagi

Dr. Herman Uhley Research Fund

Mr. Donald L. Phillips

Richard F. & Maria B. Ury Fund

Ms. Lise Deschamps Ostwald

Claire Zellerbach Saroni Fund

Estate of Kathryn H. Dodd

Zena Gross Greenstrand Memorial Fund

Ms. Noreen Anosov
Ms. Marcia Bach
Mr. Leo Barton
Mr. and Mrs. Vernon Berkowitz
Mr. Sidney Chassy
Dr. and Mrs. Michael Davis
Ms. Anita Epstein
Mr. Gerald Feather
Mr. and Mrs. Lawrence S. Feather
Mr. and Mrs. Lenny Feather
Dr. and Mrs. Edward Freedman
Ms. Naomi Glanzberg
Mr. and Mrs. Elwyn Greenstrand
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Mrs. Sylvia Potter
Mr. and Mrs. Ken Saltzstine
Mr. and Mrs. Michael Sassenoff
Mrs. Betty Sherman
Mr. and Mrs. George A. Swartz
Ms. Kerston Swartz
Ms. Pamela D. Swartz
Dr. Morton J. Thoshinsky
Mr. and Mrs. Samuel Trachtenberg
Mr. and Mrs. Robert L. Wiener
Mr. and Mrs. David Zeff

2003-2004 TRUST & SPECIAL FUNDS SUMMARY OF GRANTS

∞ Patient Care

UCSF at Mount Zion Comprehensive Cancer Center	
<ul style="list-style-type: none"> • For programming at the Cancer Resource Center • To establish a program in symptom management and palliative care 	\$60,000 50,000
UCSF at Mount Zion Osher Center for Integrative Medicine	48,000
<i>To create an integrative medicine clinical service for inpatients</i>	
San Francisco Child Abuse Prevention Center	36,000
<i>To retain a part-time consulting psychiatrist</i>	
UCSF at Mount Zion Women's Health	
<ul style="list-style-type: none"> • To support a two-year fellowship in intimate partner violence • To provide comprehensive lactation support services 	34,500 20,000
Institute for Community Health Outreach	21,000
<i>To maintain HIV-related activities in the Bayview district</i>	
Planning for Elders in the Central City	20,000
<i>For multi-cultural outreach to expand availability of medical and long-term care services to seniors and people with disabilities</i>	
Continuum	20,000
<i>To support operations of this day health program for HIV+ and AIDS clients</i>	
Jewish Community Free Clinic of Sonoma County	15,000
<i>Second-year renewal of support for general operations</i>	
Volunteers to San Francisco General Hospital	15,000
<i>To help construct a healing garden for the Comprehensive Breast Health Center</i>	
Jewish Family & Children's Services of the East Bay	15,000
<i>To facilitate access to health care through support of bilingual health navigators</i>	



∞ Education

UCSF at Mount Zion	
<ul style="list-style-type: none"> • To increase participation in research through patient education • For an innovative interactive health education program for women of reproductive age • To enable conversion of databases in support of the health information alliance 	50,000 25,000 20,000

∞ Research

UCSF at Mount Zion Cancer Center	
<i>For two-year research projects in:</i>	\$400,000
<ul style="list-style-type: none"> • genomic analysis of patients with familial cancers • early diagnosis of graft versus host disease in bone marrow transplant patients • cost effectiveness of certain breast cancer prevention techniques 	
UCSF at Mount Zion Osher Center for Integrative Medicine	
<ul style="list-style-type: none"> • For a research fellowship • For research project in positive affect and stress hormones in newly diagnosed HIV+ men 	43,800 31,000

This partial listing includes awards approved by the Directors of Mount Zion Health Fund during Fiscal Year 2003-04 from Board discretionary and other funds, as well as selected significant awards from donor-advised funds.